

mangiamo

## LUNCH

### INSALATA (SALADS)

← **Smoked Salmon** – honey smoked salmon, arugula, cannellini beans, bacon & balsamic 14.25

✔ **Mista** - baby greens, artichoke hearts, Kalamata olives, tomatoes, parmesan & balsamic 7.25

✔ **Caprese** – fresh mozzarella, tomatoes, basil pesto, pine nuts & balsamic glaze 12.25

✔ **Greca** - romaine, feta, artichokes, Kalamatas, capers & sun-dried tomato vinaigrette 11.95

✔ **Gorgonzola & Pear** - baby arugula, fresh pear, spicy pecans & balsamic dressing 11.95

**Pasta Salad with Italian Sausage or Smoked Salmon** – rotini, bell peppers, artichoke hearts, Kalamata olives, olive oil, pesto & feta cheese w/ sausage 8.00/12.50 or salmon 8.75/13.50

**Roma** –romaine, fresh mozzarella, Kalamata olives, tomato, artichoke hearts, cannellini beans with choice one of the following: chicken breast, turkey breast, or honey smoked salmon 13.75

*add: sliced turkey breast, chicken breast, smoked salmon 3.00 or anchovies, sardines 1.75*

### PANINI (HOT GRILLED SANDWICHES WITH A SIDE)

*sides: choice of spicy garbanzo bean salad, cold pasta salad, small green salad or potato chips*

**Pollo Pesto** – sliced chicken breast, arugula, roasted bell peppers, basil pesto & mozzarella 12.95

✔ **Portobello** – mushroom, roasted peppers, fresh mozzarella, arugula & basil pesto 12.95

✔ **Pomodoro Melt** – roasted tomatoes, arugula, mozzarella cheese & basil pesto 12.25

(s) **Due** (“do-ay”) – turkey breast, capicola ham, provolone cheese & spicy aioli 12.50

**Italian BLT** – applewood smoked bacon, arugula, tomato, fresh mozzarella & avocado 12.95

**Turkey** - turkey breast, provolone cheese, arugula, sun-dried tomatoes, dijon & pesto 12.95

(s) **Mangia Burger** – Tuscan meatloaf, provolone, spicy aioli on ciabatta 12.95

← **Pesce** – honey smoked salmon, boursin cheese, capers, tomatoes, red onion & arugula 13.60

**Muffaletta** – Italian cured meats, olive tapenade & provolone cheese 13.60

½ **Panino** and Small Green Salad with balsamic dressing 9.75

For parties of 6 or more people, we would like to suggest a tip of 15%.

Jun-17

# mangiamo

## PASTA

🍃 **Portabello Mushroom & Pomodoro Sauce** on penne or spaghetti 12.75

(S) **Pomodoro Sauce & Italian Sausage or Meatballs** on penne or spaghetti 12.75

🍃 **Cheese Ravioli** – with basil pesto or sun-dried tomato pesto 12.95  
with **Chicken Breast** 13.95 or with **Honey Smoked Salmon** 14.95

🍃 **Pasta Primavera** – penne or spaghetti with roasted vegetables and creamy basil pesto 12.95

## PIZZA (INDIVIDUAL SIZED ABOUT 10")

*any 10" pizza can be made with gluten-free crust for an additional 3.25*

🍃 **Margherita** – fresh mozzarella, roasted tomatoes, basil leaves & balsamic glaze 12.65

**Chicken Pesto** – roasted chicken, basil pesto, bell peppers & mozzarella 13.25

← **Pesce** – honey smoked salmon, fresh mozzarella, tomatoes, capers & red onion 13.50

(S) **Fritto** – spicy Italian sausage, capri, crispy bacon, roasted peppers, onions & mozzarella 13.50

(S) **Classico** – tomato sauce, spicy Italian sausage, pepperoni & mozzarella 13.25

½ **Flatbread Pizza** – choice of any of the above types 6.25

## ALTRE BUONE COSE (OTHER GOOD THINGS)

🍃 **Cannellini Bean Hummus** – served with crostini 7.85

🍃 **Sides** - spicy garbanzo bean salad, cold pasta salad, small green salad or potato chips 2.95

🍃 **Fresh Fruit Bowl** 5.50

## PER I BAMBINI (KID'S MENU)

**Grilled Cheese or Peanut Butter Sandwich** w/ chips 5.75

**Pasta** w/ tomato sauce or butter/olive oil & parmesan cheese 7.75

**Cheese & Tomato Sauce Pizza on Flatbread** 7.75

## DOLCI (SWEETS)

**Tiramisu, Italian Wedding Cookies**

**Affogato** (1 scoop gelato drowned in espresso)

**House Made Gelato**

← = house favorite

🍃 = vegetarian

(S) = spicy

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Jun-17